



An Online Catechist's Retreat: The Spirituality of the Catechist

Week 2 Reflection Questions: **An Openness to God: Father, Son, and Holy Spirit**

During this second week of our online catechist's retreat, take some time out each day to ponder some or all of the following reflection questions. You are encouraged to return to www.catechistsjourney.com at any time during the week to post a thought or two that you had concerning these reflection questions.

Questions for Reflection:

Who do you trust most in this world? Why? Who places their trust in you?

When was a time that trust was broken in your life? How did (does) that affect you?

Why do you personally believe that God can be trusted?

How has your trust in God been validated or affirmed in your life time?

If you are having difficulty trusting (being open to, giving your heart to) God, what may be causing that?

In what situations do you find it most difficult to trust God? Easiest?

What do you/can you do to deepen your openness to God?

Who is someone you know who exhibits a great openness to God? How can you emulate him or her more?

How does your openness to God affect you in your role as a catechist?

How can you help those you teach to be more open to God?