



An Online Catechist's Retreat: The Spirituality of the Catechist

Week 3 Reflection Questions: **An Openness to the Church**

During this third week of our online catechist's retreat, take some time out each day to ponder some or all of the following reflection questions. You are encouraged to return to www.catechistsjourney.com at any time during the week to post a thought or two that you had concerning these reflection questions.

Questions for Reflection:

1. Think of a family heirloom that has been entrusted to you. What is the story connected with this heirloom? How do you guard and protect it? How and to whom do you intend to pass it on?
2. Who are the people who have entrusted the Gospel message to you (family, friends, pastors, teachers, catechists, professors, etc.)? Through whom did you receive your calling to serve as a catechist? How did this calling come about?
3. Describe your sense of belonging when it comes to the Church. Is your sense of belonging strong or is it something that needs to be strengthened?
4. What challenges and frustrations do you experience in family life? What joys do you experience? In terms of your relationship with the Church, what challenges, frustrations, and joys do you experience?
5. What Church teaching do you have difficulty understanding? What can you do to deepen your understanding of this and other Church teachings? What is a teaching that you have come to understand better in recent times?
6. What sacrifices do you face as a catechist? How do you feel about these sacrifices and challenges? Why do you endure them?
7. What do you/can you do to deepen your openness to the Church?
8. Who is someone you know who exhibits a great openness to the Church? How can you emulate him or her more?
9. How does your openness to the Church affect you in your role as a catechist?
10. How can you help those you teach to be more open to the Church?