

Preparing for Advent:

Practical Tips and Activities to Help You Share the True Meaning of the Advent Season

Inspired by the Scripture Reading from Cycle C

An Overview:

- The Liturgical Year and the Seasons
- First Sunday of Advent: Wake Up!
- Second Sunday of Advent: Prepare Yourself!
- Third Sunday of Advent: Do Something!
- Fourth Sunday of Advent: Name It, Aim It, Proclaim It!

First Sunday of Advent

Wake Up!

Luke 21:26–28, 34–36

“Be on guard, lest your spirits become bloated with indulgence and drunkenness and worldly cares.”

BIG Idea

Anticipating Jesus’ coming calls us to rearrange our priorities.

Second Sunday of Advent

Prepare Yourself!

Luke 3:1–6

“Make ready the way of the Lord, clear him a straight path.”

BIG Idea

Anticipating Jesus’ coming calls us to joyfully make preparations.

Third Sunday of Advent

Do Something!

Luke 3:10–18

“Teacher, what are we to do?”

BIG Idea

Anticipating Jesus’ coming calls us to act in new ways.

Fourth Sunday of Advent

Name It, Aim It, Proclaim It!

Luke 1:39–45

“Mary set out, proceeding in haste in to the hill country to a town of Judah, where she entered Zechariah’s house and greeted Elizabeth.”

BIG Idea

Anticipating Jesus’ coming calls us to go forth and stir up life in others.