

The Spiritual Works of Mercy – Read each example below and identify which Spiritual Work of Mercy it best describes.

- A. Instruct the Ignorant
- B. Advise the Sinner
- C. Console the Doubtful

- D. Comfort the Sorrowful
- E. Forgive Injuries
- F. Bear Wrongs Patiently

	1. offer words of encouragement to those who seem discouraged;
	2. put an end to gossip by walking away;
	3. be present to those who are struggling or in emotional pain or despair;
	4. be optimistic and avoid being negative;
	5. respond to negative and prejudicial comments with positive statements;
	6. take time to “tutor” those who are just beginning tasks;
	7. offer sympathy to those who are grieving.
	8. go out of your way to be positive with someone you are having a difficult time with.
	9. be less critical of others;
	10. assume that people who may have hurt you did so because they themselves are hurting;
	11. Step in when people are clearly doing harm to themselves or others and tell them to stop;
	12. be courageous but also compassionate in calling others to stop doing wrong and to do the right thing;
	13. respond with hope to people who are always negative;
	14. overlook minor mistakes made by others;
	15. pray for those who have wronged you and pray for the courage to forgive;
	16. ask people about their hopes and support them in striving to achieve them.
	17. offer positive words to friends and classmates who are having a difficult time with their tasks;
	18. commit yourself to learning about the Catholic faith and share your understanding of the faith with others;
	19. share your insights, knowledge, and skills with others;
	20. let go of grudges;