Before Viewing the Come and See (Your Role at Mass) DVD

- 1. Talk about the importance of words. Ask volunteers to name people who have given famous speeches (Abraham Lincoln, Dr. Martin Luther King Jr., etc.).
- 2. Say: Words can be very powerful. Some people have used words to inspire others, just as Abraham Lincoln used words to inspire people to come together as the Civil War came to an end. Other people have used words to harm others. Words can change people's hearts and minds. When we go to Mass, we use words to praise God. These words can and should change our hearts and minds. Who can think of some of the words we say at Mass? Invite volunteers to recall some of the words we say at Mass.
- 3. Say: Today, we're going to begin taking a closer look at the words and actions that we use when we celebrate the Mass. In just a few weeks/months, we're going to notice a change in some of the words we use at Mass, so it's important for us to start learning them so that our hearts and minds will be open to being changed when we go to Mass.
- 4. Distribute the following: *My Own Mass Booklet* (for primary grades) and pew cards (for intermediate grades) so that each child has one or so that the children share them in pairs. Say: **As we go** through the Mass, follow along in your booklet/on the pew card that you have. I'll be pointing out to you some of the words that we will pray together.

Using the Come and See DVD

Introductory Rites

- Explain that the Mass has two main parts: the Liturgy of the Word and the Liturgy of the Eucharist. Say: We're going to begin our exploration of the Mass by learning about the Liturgy of the Word.
- 2. Begin showing the segment *Your Role at Mass (Liturgy of the Word*—11 minutes) from the *Come and See* DVD.
- 3. **PAUSE** Pause the DVD at the 6:09 mark (following the words "God has a message for you today, and it may come in a surprising way.") and ask the following:
 - What does the word *Liturgy* mean? (the work of the people)
 - When and where does your role begin? (even before we get to church; we prepare at home)
 - Why do we avoid eating for an hour before Mass? (to remind us of how hungry we are for God's presence in our lives)
 - What do we do when we arrive at church? (bless ourselves with holy water to remind us of our Baptism; genuflect to the tabernacle or bow to the altar as we enter our pew; spend some quiet time; ask God for grace; look around at symbols in the church)
 - What is the first ritual action of the Mass, and what is your role? (the opening procession; to sing the Entrance Chant)
 - How does the priest greet us when we begin the Mass? (The priest leads us in praying the Sign of the Cross, then he says "The Lord be with you" or another greeting.)
 - How do we presently respond? ("And also with you.")
 - Now take a look at page 5 of My Own Mass Booklet or your pew card. Who can tell me what our response is going to be? ("And with your spirit.")
 - These are important words. The priest is not just saying "Hi" to us, and we're not just saying "Hi" back to him. The