



40 Ideas for 40 Days

from Joe Paprocki

A Lenten Chain

- You'll need purple construction paper, scissors, and tape.
- Cut the purple construction paper into one-inch strips (horizontally, with the paper in the "portrait" position.)
- You'll need 7 strips for each of the young people in your group.
- Once a week, during Lent, give each of the young people a purple strip of paper and invite them to write down their Lenten goal for the week: a prayer they plan to say each day, a sacrifice they plan to commit to, a work of mercy they plan to perform, etc.
- When they have all finished writing out their Lenten goals for the week, invite them to come forward and loop their strips around one another, taping them together to form a chain.
- Display the Lenten Chain prominently and watch it grow during Lent as the young people strive to grow closer to Jesus.



Your Lenten chain will look like this, only purple!