



40 Ideas for 40 Days

from Joe Paprocki

Name That Song – the 7 Deadly Sins

The focus of this session is on the 7 Deadly Sins, a good way to prepare for the Sacrament of Penance and Reconciliation during Lent.

Identify each of the 7 Deadly Sins and their brief definitions (see chart below).

Download or otherwise acquire versions of each of the following songs and play about 60 seconds of each song, one at a time, inviting the young people to guess which of the 7 Deadly Sins the song represents.

Discuss each of the 7 Deadly (Capital) Sins [using the story of the Prodigal Son](#).

Pride – excessive focus on self Alice Cooper: I'm the Coolest	Gluttony – excessive desire for food and drink Dave Matthews Band: Trippin Billies
Envy – resentment of others Hilary Duff: Who's That Girl?	Lust – sexual desires that disrespect the dignity of others John Mayer: You're Body is a Wonderland
Anger – uncontrolled hatred, acting without thinking Nickelback: Just For	Sloth – lack of hope in God's goodness Reliant K: Apathetic Way to Be
Avarice – excessive desire for wealth and abundance Beatles: Money	