



40 Ideas for 40 Days

from Joe Paprocki

Remembering the Lamb

- Explain that we refer to Jesus as the “[Lamb of God](#)” not because we want to think of him as cute and cuddly, but because lambs were the animal used in sacrifice for the celebration of Passover.
- Remind the children that, in the Exodus story, the blood of the lamb saved the Israelites from the angel of death. (see [Exodus 12:1-20](#))
- Point out that we are saved from the death of sin by the blood of the Lamb of God – Jesus sacrificed his life to save us from sin.
- Print out a picture of a lamb such as this one found at <http://www.lucylearns.com/images/easter-lamb-clipart-easter-lamb-graphic-3.gif>
- Post the picture of the lamb (print it so that it is the size of a small poster) on a bulletin board.
- Tell the children that remembering is an important part of our faith and that at Mass, we remember the sacrifice of Jesus – the Lamb of God.
- Invite the children to remember various aspects of the Catholic faith this Lent by taking certain prayers or doctrinal formulas to memory.



Remembering the Lamb

- Invite them to choose which prayer (for younger children, the basics such as the Our Father, Hail Mary, and Glory Be; for older children, the [Memorare](#), the [Morning Offering](#), the Hail, Holy Queen, and so on) or doctrinal formula (the [Nicene](#) or [Apostles' Creed](#), the Ten Commandments, the Virtues, the [Gifts of the Holy Spirit](#), the [mysteries of the Rosary](#), and so on) that they will commit to memorizing (taking to heart) this Lent.
- Tell them that, throughout Lent, whenever someone has committed to memory a prayer or a doctrinal formula, they can come forward and recite it in front of the group and then glue a cotton ball on to the lamb.
- By the end of Lent, the lamb should have a full “coat” of “wool.”
- Encourage the children to see how many prayers or doctrinal formulas they can take to heart during these 40 days.