



# 40 Ideas for 40 Days

from Joe Paprocki

## Sorrowful Mysteries of the Rosary Scripture Search

- During the season of Lent, we reflect on the suffering and death of Jesus.
- This is a good time to introduce/review the Sorrowful Mysteries of the Rosary – “scenes” that help us to meditate (reflect) on the Passion of Jesus.
- For directions on how to pray the Rosary, visit <http://www.loyolapress.com/praying-the-rosary.htm>
- Describe the Sorrowful Mysteries of the Rosary and list them on the board:



1. The Agony in the Garden

Jesus prays in the Garden of Gethsemane on the night before he dies.

2. The Scourging at the Pillar

Jesus is lashed with whips.

3. The Crowning With Thorns

Jesus is mocked and crowned with thorns.

4. The Carrying of the Cross

Jesus carries the cross that will be used to crucify him.

5. The Crucifixion

Jesus is nailed to the cross and dies.

# Sorrowful Mysteries of the Rosary Scripture Search

- Next, provide the young people with Bibles and arrange them into 4 groups: Matthew, Mark, Luke, and John.
- Have each group search through specific chapters of their Gospel to locate the Sorrowful Mysteries of the Rosary:

Sorrowful Mystery	Matthew 26-27	Mark 14-15	Luke 22-23	John 18-19
The Agony in the Garden	Mt 26:36	Mk 14:32	Lk 22:39	Jn 18:1
The Scourging at the Pillar	Mt 27:26	Mk 15:15	Lk 23:16	Jn 19:1
The Crowning with Thorns	Mt 27:29	Mk 15:17	Lk 23:11 (a crown of thorns is not specifically mentioned)	Jn 19:1
The Carrying of the Cross	Mt 27:31	Mk 15:20	Lk 23:26	Jn 19:17
The Crucifixion	Mt 27:33	Mk 15:22	Lk 23:33	Jn 19:18

- Allow sufficient time for them to locate the Scripture passages and then have each group report to the large group, reading their passages aloud.