

# Ways to Care for God's Creation

God gave us the gift of creation out of love and asks us to help him to care for it and to protect it. Here are some ways that young people can help to care for God's creation. Look over the list and then decide on what YOU will do to show your care for God's creation.

1. Turn off the lights and the TV when not in use.
2. Use fluorescent light bulbs instead of standard light bulbs.
3. Use cold water when possible instead of hot water.
4. Avoid plastic shopping bags and instead use reusable (vinyl) shopping bags.
5. Take quick showers instead of baths.
6. Turn off the water when brushing teeth.
7. Unplug chargers when not in use.
8. Recycle paper, plastics, aluminum, glass, and electrical gadgets.
9. Use recycled products.
10. Plant a garden.
11. Pick up litter.
12. Spend more time in nature (walk, run, ride bike).
13. Stop receiving junk mail (register with the Mail Preference Service of the Direct Marketing Association)
14. Avoid using disposable products like paper plates, paper cups, plastic forks, etc.
15. Use rechargeable batteries.
16. Recycle ink and toner cartridges.
17. Use reusable plastic containers instead of plastic baggies for lunch.
18. Use dimmers and 3-way bulbs.
19. Turn off your computer and printer when not in use and especially at night.
20. Use both sides of paper when printing.
21. Avoid bottled water...use a reusable cup.
22. Give things away instead of throwing them away.
23. Use reusable gift bags instead of gift wrap.
24. Use bars of soap instead of liquid soap that comes in plastic bottles.
25. Ride your bike to school instead of getting a car ride.



**I will show my love for God's creation by....**