

PRAYER OF DISCERNMENT

I begin in the name of the Father...

Walk with me, good and loving God, as I journey through life.

May I take Your hand and be led by Your Holy Spirit.

Fill me, inspire me, free me to respond generously to Your call.

For I believe You desire my deepest joy,

And it is only in Your company

That my soul will be satisfied

And my life will find its meaning and purpose.

Amen.



COMPANIONS

on the journey

DURING THE SIX WEEKS OF LENT,
YOU ARE INVITED TO JOIN A SMALL GROUP
TO GROW IN FAITH & IN RELATIONSHIP
WITH OUR COMMUNITY

Make a commitment to set aside 90 minutes each week



St. Barnabas
90 Years
Est. 1924

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Sign-ups for
**COMPANIONS
ON THE JOURNEY**

**Sunday,
February 9th**

after all Masses

COMPANIONS ON THE JOURNEY

is a small group format program. As Christians, we are part of a community of believers who need others to support us along the way.

Several families have graciously agreed to host a small group in their home once a week for the six weeks of Lent. **We invite you to join a small group.** Make a commitment to set aside just 90 minutes each week to grow in faith and in relationship with your small group.

Small groups are being formed randomly and according to lifestyle. This means you can sign up to be assigned to a group or you can sign up for a group you might have shared experiences with already. You can also choose a group based on your availability as we anticipate having a group that will meet each day of the week to accommodate most anyone's schedule.

It is our hope that all of our parish family, the many different generations and the rich diversity of our parish, will come together to participate. We hope you will use this Lent to assess your relationship with God, to realign your priorities, to make more room for God, and to go forth to do good works from your experience!

Please give prayerful consideration to participating, or perhaps even leading or hosting a small group in your home.

To learn more, please contact Fr. Richard
parish@stbarnabas.org

Please register each person individually unless your small group choice is 'Married Couples.' If registering as a couple, please include both names.

NAME _____

ADDRESS _____

HOME PHONE _____

WORK _____ CELL _____

EMAIL _____

PREFERRED MEETING TIMES:

Please rank your top three choices for meeting times (which days and morning, afternoon, or evening), with "1" being your first choice.

I would be willing to host a small group at my home.
(You will not have to facilitate).

	morning	afternoon	evening
MON			
TUES			
WED			
THURS			
FRI			
SAT			
SUN			

Thank you for your prayerful consideration. If you are not able to commit today, please take this card home and return it next Sunday. Please pray about the ways in which you can participate, as a participant, host a group in your home, facilitate a group.

SMALL GROUP INTEREST:

- Seniors, but Young At Heart
- Married Couples
- Coaches / Athletic Parents
- Women
- Liturgical Ministers (EOM, Lectors, Ushers, Choir)
- St. Barnabas Teaches / RE Catechists
- Young Adults (age 18-30)
- Christ Renews His Parish Alumni
- Parents
- Men
- Empty Nesters
- Assign me a group according to my availability

I will participate, organize and facilitate for my former CRHP team